



E-mail Policy

Privacy Statement and Agreement

As a patient at Sage Cancer Care, you will receive an email inviting you to the Charm patient portal, which allows you to send and receive secure messages to and from Dr. Allderdice and Sage Cancer Care. If you choose to not sign up for the Charm portal, Dr. Allderdice may occasionally need to send you an email via his professional Gmail account. Please be aware that email communications via Gmail are not secure or HIPAA compliant. The risk of your personal medical information being stolen is very small, but it is our duty to bring this to your attention.

- I understand the risks of email correspondence via Gmail and absolve Sage Cancer Care and Dr. Allderdice under medical privacy law for these communications.
- I understand that communication via the Charm patient portal is the safest way to communicate with Dr. Allderdice and Sage Cancer Care.

SIGNED _____

You are welcome to use both phone and E-mail to communicate with Dr. Allderdice. Most E-mails that are pertinent to active care you are receiving are free of charge. There are some instances that require service and time beyond what is practical for a daily medical practice with numerous patients needing care. The specifics that govern this are laid out below.

No Cost E-mails

E-mail with a specific question related to the care you are currently receiving from Dr. Dave. Examples are questions that seek clarification of the treatment plan, e.g. "You recommend curcumin at 2 caps three times daily, but I'm having trouble with that third dose. May I take 3 caps twice daily?" Another example would be sharing information you may want me to know or might help coordination of care such as, "My recent scan from the oncologist showed stable disease. When would you like to see me back in your office?"

E-mail that will incur a charge

This will be put on your account at the clinic.

- E-mail requiring **less than 15 minutes: \$40**
- E-mail requiring **15-30 minutes: \$80**
- If an e-mail would be better addressed in an office visit, I will reply as such.
- Any E-mail that is at my request or is due to my oversight or error will never incur a charge.

Questions that require additional research and professional opinion

Example: "My neighbor recommended I start taking graviola capsules to fight my cancer. Do you think this would be good to go along with what I'm already doing?"

Questions that need a lengthy explanation

Example: "My daughter wants to know about the scientific evidence behind the use of high dose vitamin C in cancer treatment. Could you provide her an explanation and perhaps some references?"

Questions that seek further medical advice.

Example: "My oncologist is recommending 3 chemo drugs, Cisplatin, Adriamycin and Erbitux. I am apprehensive to start such an aggressive regimen. Do you think this is my best option given what you know about my case and my desire to preserve quality of life?"

And finally, a good, real-world example:

Hi Dr. Dave:

I am having a problem with my Afinitor that I've never really had before. It's a change in bowel habits, where I wouldn't go for 4 days, and then I would have such terrible abdominal cramps while going to the bathroom it was literally like labor and would take 15-20 min to get it all out. It was not big and hard. In fact, it was skinny, soft, and just very, very long and would be so painful that I would get sweaty and nearly vomit (again, like labor). So, I spoke to the oncology pharmacist at Kaiser who recommended Senna. This gives me watery diarrhea, even though I take only one pill per day and sometimes none.

So, I'm wondering if you have any recommendations for something gentle that will help me go regularly but not cause diarrhea?

For this patient, getting quick advice on an acute problem is very useful, though might not warrant a full office visit. In this case, I still need to review the patients chart, review why Afinitor might be causing this type of problem and then provide written treatment instructions for a well-selected naturopathic approach. I am happy to provide this type of service to my patients. The patient would receive a \$40 charge to their account.

I have reviewed and understand the above E-mail policies.

SIGNED _____

DATE _____